

## ATTENTION SCHOOL SPORTS ORGANISERS

### 2021 SCHOOL SURFING SUPERVISOR AWARD INSERVICE DATES

The Annual **School Surfing Supervisor Award (SSSA)** inservice program for teachers involved with school surfing is to be held on the following dates during 2021. **Only one inservice is required each year.**

Participating teachers need to bring their own personal surfcraft (surfboard or bodyboard) and rashvest and/or wetsuit and a **completed RPL form that specifies achievement of a 400m pool swim in 9 minutes or less and documented currency in Provide CPR or equivalent or a higher accredited certificate such as Provide First Aid.** Typically the format for each inservice shall be registration (sign-on sheet), hand-up of RPL forms, discussion covering knowledge, skills, understandings and requirements for school surfing activity, completion of a theory paper, participation in practical activity including surf mission (200m swim, 200m run, 200m paddle, 200m run) and demonstration of in-water rescue techniques with surfcraft.

The Inservice will take approximately 60 - 90 minutes and the cost remains at \$44 per teacher. A tax invoice will be created for each school after each inservice. Teachers successfully completing annual SSSA Inservice courses will receive a **SSSA Annual Proficiency Certificate** and brochures including **Surfers Code, Rip Survival and SharkSmart.** If you have received this notice via email please see attached a **SSSA Information Sheet**, a **SSSA RPL form** (Recognised Prior Learning form) for copy and pre-inservice use, and a copy of the **School Surfing Guidelines.** This notice is also available on the **website [www.apola.com.au](http://www.apola.com.au)**

#### Booking

Please book by phone on **0408 855 267** or email [info@apola.asn.au](mailto:info@apola.asn.au) no later than 48 hours prior to the preferred inservice day. Contact John Andrews (**Phone 0408 855 267**) for all booking enquiries including organising additional dates and locations (minimum of 8 required). **More information:** [info@apola.asn.au](mailto:info@apola.asn.au)

#### Term 1

Toowoan Bay (Central Coast)	3pm Tuesday	2 February 2021
Dixon Park (Newcastle)	2pm Wednesday	3 February 2021
Collaroy Beach (Northern Sydney)	4pm Thursday	4 February 2021
Gerroa Beach (South Coast)	3pm Monday	8 February 2021
North Broulee (South Coast)	10am Wednesday	10 February 2021
Sandon Point (Illawarra)	4pm Thursday	11 February 2021
Flynns Beach (Port Macquarie)	3pm Thursday	18 February 2021
Shaws Bay East Ballina (North Coast)	2pm Thursday	25 February 2021
Forster (Mid Nth Coast)	3.30pm Tuesday	2 March 2021

#### Term 4

Flynns Beach (Port Macquarie)	3pm Tuesday	19 October 2021
Sandon Point (Illawarra)	4pm Thursday	21 October 2021
Shellharbour North Beach	2pm Tuesday	9 November 2021
Gerroa Beach (South Coast)	3pm Wednesday	10 November 2021
Cronulla (Southern Sydney)	1pm Thursday	11 November 2021
Shaws Bay East Ballina (North Coast)	3pm Tuesday	16 November 2021
Sandon Point Beach (Illawarra)	1pm Monday	22 November 2021
Mollymook Beach (South Coast)	3.30pm Tuesday	23 November 2021
North Broulee (South Coast)	10am Wednesday	24 November 2021
Tathra (Far South Coast)	2pm Thursday	25 November 2021
Umina (Central Coast)	4pm Monday	29 November 2021
Toowoan Bay (Central Coast)	2pm Tuesday	30 November 2021
Toowoan Bay (Central Coast)	3pm Tuesday	30 November 2021
Toowoan Bay (Central Coast)	4pm Tuesday	30 November 2021
Byron Main Beach (Far Nth Coast)	10am Friday	3 December 2021
Byron Main Beach (Far Nth Coast)	3pm Friday	3 December 2021
Greenmount Beach (Far Nth Coast)	1pm Monday	6 December 2021
Catherine Hill Bay (Lake Macquarie)	2pm Tuesday	7 December 2021
Mollymook Beach (South Coast)	2pm Wednesday	8 December 2021
Park Beach (Coffs Harbour)	8am Thursday	9 December 2021
Park Beach (Coffs Harbour)	10am Thursday	9 December 2021
Yamba Main Beach (North Coast)	11am Thursday	16 December 2021

**Australian Professional Ocean Lifeguard Association Inc. (APOLA Inc.)**  
 Web [www.apola.com.au](http://www.apola.com.au) Email [info@apola.asn.au](mailto:info@apola.asn.au) Mobile 0408 855 267  
 PO Box 6700, COFFS HARBOUR PLAZA NSW 2260

# School Surfing Supervisor Award (SSSA) Information

## Introduction

The SSSA was developed in consultation with the School Surfing Association to provide teachers with supervision competencies required for supervising students engaged in school surfing activity.

Teachers successfully completing annual SSSA In-service courses will be awarded a SSSA certificate that is recognized by school systems as providing teachers with that necessary to supervise students participating in school surfing activity. Teachers with a current SSSA are also qualified to delivery APOLA Community Awards for students including the **Ocean Safety Surfer Award (OSSA)**. Student OSSA programs can be delivered by teachers independently or in concert with approved accredited surf coaches or approved Professional Ocean Lifeguards.

Teachers successfully completing a scheduled annual SSSA Inservice course will be charged at a rate of **\$44** per teacher and will receive a SSSA certificate and brochures including Surfers Code, Rip Survival and SharkSmart. The teacher SSSA has a currency period of 12 months.

## SSSA Requirements

- ❑ Teaching qualifications and current approval to teach in schools or other vocational and/or tertiary educational centres including Registered Training Organisations, TAFE colleges and Universities
- ❑ Current qualifications in emergency care and cardio-pulmonary resuscitation such as Provide CPR or higher levels such as a Provide First Aid from an accredited provider
- ❑ Competency in swimming (400m pool swim in less than 9 minutes), surfcraft paddling and wave riding (either surfboard, bodyboard, wave ski or stand-up paddle board)
- ❑ Successful completion of an APOLA SSSA In-service session that includes demonstration of fitness (surf mission) surf rescue skills (simulated surf rescues) and a written theory paper.

## SSSA Competencies Assessment

- ❑ APOLA Assessor and Workplace Trainers deliver the SSSA to teachers and reserve the right to prevent prospective candidates commencing the practical components whenever prospective candidates present themselves as incapable of meeting the fitness and/or surf and rescue skill demands required of the in-service
- ❑ As a **pre-requisite** participating teachers must provide a completed **RPL form** prior to the commencement of an APOLA SSSA In-service session. The completed RPL form provides **evidence of currency** in emergency care and cardio-pulmonary resuscitation such as Provide CPR or higher levels such as a Provide First Aid from an accredited provider, and evidence of completion of a 400m pool swim in a time less than 9 minutes no more than 30 days prior to the SSSA In-service session. The RPL form must be signed by a School Principal/Deputy Principal/Sports Organiser/Faculty Head/Pool Lifeguard/Swim Coach or an APOLA Assessor and Workplace Trainer.

## At the in-service:

- ❑ Hand the completed **RPL form** to the APOLA Assessor and Workplace Trainer
- ❑ Participate in a **presentation/discussion** covering knowledge, skills and understandings of effective supervision of students engaged in school surfing activity. Complete a written theory paper that covers location safety check, liaison with lifeguards, emergency procedures and student requirements
- ❑ Complete a **Surf Mission** course commencing with 200m swim, followed by 200m beach run, a 200m surfcraft paddle and concluding with a 200m beach run demonstrating sound physical fitness, competence in negotiating the surf and skill in controlling use of personal surfcraft
- ❑ Demonstrate **surfcraft rescues** using personal surfcraft such as paddling to rescue an unconscious and/or conscious patient demonstrating patient approach, patient pick-up techniques (side-by-side, rollover, duck-dive and leg-hook) and patient return with care including DRSABCD assessment.

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