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The Annual (A) inservice program for teachers involved with school surfing is to be held on the following dates during 2020.

Participating teachers need to bring their own personal surfcraft (surfboard or bodyboard) and rashvest and/or wetsuit and 400 9

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The Inservice will take approximately 60 to 90 minutes and the cost remains at \$44 per teacher. A tax invoice will be created for each school after each inservice. Teachers successfully completing annual SSSA Inservice courses will receive a A A and printed brochures including Surfers Code, Rip Survival and SharkSmart. If you have received this notice via email please see attached a A, a A (Recognised Prior Learning form) for copy and pre-inservice use, and the 2011. This notice is also available on the

Please book by phone on 0408 855 267 or email @ no later than 48 hours prior to the preferred inservice day. Contact John Andrews (0408 855 267) for all booking enquiries including organising additional dates and locations (minimum of 8 required). : @

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Toowoan Bay (Central Coast)	3pm Tuesday	4 February 2020
Dixon Park (Newcastle)	2pm Wednesday	5 February 2020
Collaroy Beach (Northern Sydney)	4pm Thursday	6 February 2020
Gerroa Beach (South Coast)	3pm Monday	10 February 2020
North Broulee (South Coast)	10am Wednesday	12 February 2020
Sandon Point (Illawarra)	4pm Thursday	13 February 2020
Flynns Beach (Port Macquarie)	2.30pm Thursday	20 February 2020
Shaws Bay East Ballina (North Coast)	2pm Thursday	27 February 2020
Forster (Mid Nth Coast)	3.30pm Tuesday	3 March 2020
Towradgi (Illawarra)	3pm Thursday	5 March 2020

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Flynns Beach (Port Macquarie)	2.30pm Tuesday	20 October 2020
Sandon Point (Illawarra)	4pm Thursday	22 October 2020
Shellharbour North Beach	2pm Tuesday	10 November 2020
Gerroa Beach (South Coast)	3pm Wednesday	11 November 2020
Cronulla (Southern Sydney)	1pm Thursday	12 November 2020
Shaws Bay East Ballina (North Coast)	3pm Tuesday	17 November 2020
Sandon Point Beach (Illawarra)	1pm Monday	23 November 2020
Mollymook Beach (South Coast)	3.30pm Tuesday	24 November 2020
North Broulee (South Coast)	10am Wednesday	25 November 2020
Tathra (Far South Coast)	2pm Thursday	26 November 2020
Umina (Central Coast)	4pm Monday	30 November 2020
Toowoan Bay (Central Coast)	2pm Tuesday	1 December 2020
Toowoan Bay (Central Coast)	3pm Tuesday	1 December 2020
Byron Main Beach (Far Nth Coast)	10am Friday	4 December 2020
Byron Main Beach (Far Nth Coast)	3pm Friday	4 December 2020
Greenmount Beach (Far Nth Coast)	1pm Monday	7 December 2020
Catherine Hill Bay (Lake Macquarie)	2pm Tuesday	8 December 2020
Mollymook Beach (South Coast)	2pm Wednesday	9 December 2020
Park Beach (Coffs Harbour)	8am Thursday	10 December 2020
Park Beach (Coffs Harbour)	10am Thursday	10 December 2020
Yamba Main Beach (North Coast)	11am Friday	17 December 2020

A A (APOLA Inc.)
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PO Box 6700, COFFS HARBOUR PLAZA NSW 2260

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The SSSA was developed in consultation with the School Surfing Association to provide teachers with surfing supervision competencies required for supervising students engaged in school surfing activity.

Teachers successfully completing annual SSSA In-service courses will be awarded a SSSA certificate that is recognized by school systems as an award providing teachers with the necessary competencies to supervise students engaging in school surfing activity. Teachers with a current SSSA are qualified to delivery APOLA Community Awards for students including the

A (A). OSSA programs can be delivered either independently by teachers or in concert with approved Ocean Lifeguards and/or approved accredited surf coaches.

Teachers successfully completing any scheduled annual SSSA Inservice course will be charged a at a rate of \$44 per teacher and will receive a SSSA certificate and handouts including Surfers Code, Rip Survival and SharkSmart pamphlets. The teacher SSSA has a currency period of 12 months.

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- Teaching qualifications and current approval to teach in schools or other vocational and/or tertiary educational centres including Registered Training Organisations, TAFE colleges and Universities
- Current qualifications in emergency care and cardio-pulmonary resuscitation such as Provide CPR or higher levels such as a Provide First Aid from an accredited provider
- Competency in swimming (400m pool swim in less than 9 minutes) and surfcraft paddling and wave riding riding (either surfboard, bodyboard, wave ski or stand-up paddle)
- Successful completion of an APOLA SSSA In-service session that includes demonstration of surf skills and fitness (surf mission and simulated surf rescues) and a written theory paper.

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- APOLA Assessor and Workplace Trainers deliver the SSSA to teachers and reserve the right to prevent prospective candidates commencing the practical components in the case that prospective candidates present themselves as incapable of meeting the fitness and/or surf and rescue skill demands required of the in-service
- As a - participating teachers must provide a completed prior to the commencement of an APOLA SSSA In-service session. The completed RPL form provides n emergency care and cardio-pulmonary resuscitation such as Provide CPR or higher levels such as a Provide First Aid from an accredited provider, and evidence of completion of a 400m pool swim in a time less than 9 minutes no more than 30 days prior to the SSSA In-service session. The RPL form must be signed by a School Principal/Deputy Principal/Sports Organiser/Faculty Head/Pool Lifeguard/Swim Coach or an APOLA Assessor and Workplace Trainer.

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- Hand the completed to the APOLA Assessor and Workplace Trainer
- Participate in / covering knowledge, skills and understandings of effective supervision of students engaged in school surfing activity. Complete a written theory paper that covers location safety check, liaison with lifeguards, emergency procedures and student requirements
- Complete a course commencing with 200m swim, followed by 200m beach run, a 200m surfcraft paddle and concluding with a 200m beach run demonstrating sound physical fitness, competence in negotiating the surf and skill in controlling use of the selected personal surfcraft
- Demonstrate using personal surfcraft such as: paddle to rescue an unconscious and/or conscious patient; demonstrate patient approach, patient pick-up techniques (side-by-side, rollover, duck-dive and leg-hook); patient return with care including DRSABCD assessment.

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