

ATTENTION SCHOOL SPORTS ORGANISERS

2022 SCHOOL SURFING SUPERVISOR AWARD INSERVICE DATES

The Annual **School Surfing Supervisor Award (SSSA)** in-service program for teachers involved with school surfing is to be held on the following dates during 2022. **Only one in-service is required each year.**

Participating teachers need to bring their own personal surfcraft (surfboard or bodyboard) and rashvest and/or wetsuit and **have completed the Registration and RPL form that confirms achievement of a 400m pool swim in 9 minutes or less and currency in Provide CPR or equivalent or a higher accredited certificate such as Provide First Aid.** Typically the format for each in-service shall be registration (sign-on sheet), hand-up of Registration and RPL forms, discussion covering knowledge, skills, understandings and requirements for school surfing activity, completion of a theory paper, participation in surf mission (200m swim, 200m run, 200m paddle, 200m run) and demonstration of in-water rescue techniques with surfcraft.

The Inservice will take approximately 60 - 90 minutes and the cost remains at \$44 per teacher. A tax invoice will be created for each school after each in-service. Teachers successfully completing annual SSSA Inservice courses will receive a **SSSA Annual Proficiency Certificate**. If you have received this notice via email please see attached a **SSSA Information Sheet**, a **SSSA Registration and RPL form** (Recognised Prior Learning form) for copy and pre-in-service use, and a copy of the **School Surfing Guidelines**.

COVID-19 pandemic - all participants are required to observe the latest government health advice as well as advice from others with authority in the management of areas outside of your home and complete a COVID-19 Safe Attendance Register on the training day. This notice is also available on the **website www.apola.com.au**

Booking

Please book by phone/text on **0408 855 267** or email **info@apola.asn.au** no later than 48 hours prior to the preferred inservice day. Contact John Andrews (**Phone 0408 855 267**) for all booking enquiries including organising additional dates and locations (minimum of 8 required). **More information: info@apola.asn.au**

Term 1

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|----------------------------------|----------------|------------------|
| Toowoomba Bay (Central Coast) | 3pm Tuesday | 1 February 2022 |
| Dixon Park (Newcastle) | 2pm Wednesday | 2 February 2022 |
| Collaroy Beach (Northern Sydney) | 4pm Thursday | 3 February 2022 |
| Gerroa Beach (South Coast) | 3pm Monday | 7 February 2022 |
| North Broulee (South Coast) | 10am Wednesday | 9 February 2022 |
| Sandon Point (Illawarra) | 4pm Thursday | 10 February 2022 |
| Flynns Beach (Port Macquarie) | 3pm Thursday | 17 February 2022 |
| Forster (Mid North Coast) | 3.30pm Tuesday | 1 March 2022 |
| Kingscliff Beach (Far Nth Coast) | 2pm Monday | 7 March 2022 |

Term 4

| | | |
|-------------------------------------|----------------|------------------|
| Flynns Beach (Port Macquarie) | 3pm Tuesday | 18 October 2022 |
| Sandon Point (Illawarra) | 4pm Thursday | 20 October 2022 |
| Shellharbour North Beach | 2pm Tuesday | 8 November 2022 |
| Gerroa Beach (South Coast) | 3pm Wednesday | 9 November 2022 |
| North Cronulla (Southern Sydney) | 1pm Thursday | 10 November 2022 |
| North Cronulla (Southern Sydney) | 1pm Tuesday | 15 November 2022 |
| Sandon Point Beach (Illawarra) | 1pm Monday | 21 November 2022 |
| Mollymook Beach (South Coast) | 4pm Tuesday | 22 November 2022 |
| North Broulee (South Coast) | 10am Wednesday | 23 November 2022 |
| Tathra (Far South Coast) | 2pm Thursday | 24 November 2022 |
| Umina (Central Coast) | 4pm Monday | 28 November 2022 |
| Toowoomba Bay (Central Coast) | 2pm Tuesday | 29 November 2022 |
| Toowoomba Bay (Central Coast) | 3pm Tuesday | 29 November 2022 |
| Toowoomba Bay (Central Coast) | 4pm Tuesday | 29 November 2022 |
| Byron Main Beach (Far Nth Coast) | 10am Friday | 2 December 2022 |
| Byron Main Beach (Far Nth Coast) | 3pm Friday | 2 December 2022 |
| Kingscliff Beach (Far Nth Coast) | 1pm Monday | 5 December 2022 |
| Catherine Hill Bay (Lake Macquarie) | 2pm Tuesday | 6 December 2022 |
| Mollymook Beach (South Coast) | 2pm Wednesday | 7 December 2022 |
| Park Beach (Coffs Harbour) | 8am Thursday | 8 December 2022 |
| Park Beach (Coffs Harbour) | 10am Thursday | 8 December 2022 |
| Yamba Main Beach (North Coast) | 10am Thursday | 15 December 2022 |
| Scotts Head (Mid North Coast) | 10am Friday | 16 December 2022 |

School Surfing Supervisor Award (SSSA) Information

Introduction

The SSSA was developed in consultation with the School Surfing Association to provide teachers with supervision competencies required for supervising students engaged in school surfing activity.

Teachers successfully completing annual SSSA In-service courses will be awarded a SSSA certificate that is recognized by school systems as providing teachers with that necessary to supervise students participating in school surfing activity. Teachers with a current SSSA are also qualified to delivery APOLA Community Awards for students including the **Ocean Safety Surfer Award (OSSA)**. Student OSSA programs can be delivered by teachers independently or in concert with approved accredited surf coaches or approved Professional Ocean Lifeguards.

Teachers successfully completing a scheduled annual SSSA Inservice course will receive a SSSA certificate that has a currency period of 12 months will be charged at a rate of **\$44** per teacher.

SSSA Requirements

- ❑ Teaching qualifications and current approval to teach in schools or other vocational and/or tertiary educational centres including Registered Training Organisations, TAFE colleges and Universities, or teacher/education assistants supporting outdoor school sport programs
- ❑ Current qualifications in emergency care and cardio-pulmonary resuscitation such as Provide CPR or higher levels such as a Provide First Aid from an accredited provider
- ❑ Competency in swimming (400m pool swim in less than 9 minutes) and capable in surfcraft paddling and wave riding (with a surfboard or bodyboard or wave ski or stand-up paddle board)
- ❑ Successful completion of an APOLA SSSA In-service session that includes demonstration of fitness (surf mission) surf rescue skills (simulated surf rescues) and a written theory paper.

SSSA Competencies Assessment

- ❑ APOLA Assessor and Workplace Trainers deliver the SSSA to teachers and reserve the right to prevent prospective candidates commencing the practical components whenever prospective candidates present themselves as incapable of meeting the fitness and/or surf and rescue skill demands required of the in-service
- ❑ As a **pre-requisite** participating teachers must provide a completed **Registration and RPL form** prior to the commencement of an APOLA SSSA In-service session. The completed Registration and RPL form provides **evidence of currency** in cardio-pulmonary resuscitation such as Provide CPR or higher levels such as a Provide First Aid, and evidence of completion of a 400m pool swim in a time less than 9 minutes no more than 30 days prior to the SSSA In-service session. The RPL form must also be signed by a School Principal/Deputy Principal/Sports Organiser/Faculty Head/School Surfing Co-ordinator/Pool Lifeguard/Swim Coach or an APOLA Assessor and Workplace Trainer.

At the in-service:

- ❑ Hand the completed **Registration and RPL form** to the Assessor and Workplace Trainer
- ❑ Complete the attendance sheet, declare any personal health issues with trainer prior to commencement, participate in a **discussion** covering knowledge, skills and understandings of effective supervision of students engaged in school surfing activity and complete the theory paper that covers location safety check, emergency procedures and student requirements
- ❑ Complete a **Surf Mission** course commencing with 200m swim, followed by 200m beach run, a 200m surfcraft paddle and concluding with a 200m beach run demonstrating sound physical fitness, competence in negotiating the surf and skill in controlling use of personal surfcraft
- ❑ Demonstrate **surfcraft rescues** using personal surfcraft such as paddling to rescue an in-need person demonstrating **patient approach**, **patient pick-up techniques** such as **side-by-side**, **rollover**, **duck-dive** and **leg-hook** techniques, and **patient return** with care including onshore DRSABCD assessment. The **APOLA board rescue techniques** can be viewed online at the **APOLA website** or on **YouTube**.

COVID-19 pandemic - all participants are required to observe the latest government health orders and health advice and complete a COVID-19 Safe Attendance Register on the training day.

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