

SURF COACH & PROFESSIONAL OCEAN LIFEGUARD TRAINING DATES 2017 UPDATE

(for additional dates check at the APOLA Office)

**Ocean Safety Surf Coach Award (OSSCA) Annual Proficiency Certificate
Professional Ocean Lifeguard (POL) Award Annual Proficiency Certificate
Provide First Aid/Apply First Aid (SFA), Provide Basic Life Support/Provide CPR (CPR)
Provide Advanced Resuscitation/Apply Advanced Resuscitation Techniques (ARC)****

**Advanced resuscitation training is available for coaches and lifeguards on additional days following successful completion of first aid training, or when providing evidence of holding a current first aid certificate

<u>Date</u>	<u>Programs</u>	<u>Location</u>
Friday 13 January	8am OSSCA/POL 11am CPR/SFA	Lennox Head, NSW
Saturday 21 January	8am OSSCA/POL 11am CPR/SFA	Coffs Harbour, NSW
Friday 10 February	8am OSSCA/POL 11am CPR/SFA	North Cronulla, NSW
Saturday 18 March	8am OSSCA/POL 11am CPR/SFA	Coffs Harbour, NSW
Friday 24 March	8am OSSCA/POL 11am CPR/SFA	North Cronulla, NSW
Friday 7 April	8am OSSCA/POL 11am CPR/SFA	Coffs Harbour, NSW
Saturday 13 May	8am OSSCA/POL 11am CPR/SFA	Coffs Harbour, NSW
Friday 16 June	8am OSSCA/POL 11am CPR/SFA	Coffs Harbour, NSW
Friday 14 July	7am OSSCA/POL 10am CPR/SFA	Kiama, NSW
Saturday 15 July	8am OSSCA/POL 11am CPR/SFA	Central Coast, NSW
Thursday 3 August	8am OSSCA/POL 11am CPR/SFA	Coffs Harbour, NSW
Friday 4 August	8am OSSCA/POL 11am CPR/SFA	Greenmount, QLD*
Friday 15 September	8am OSSCA/POL 11am CPR/SFA	North Cronulla, NSW*
Saturday 16 September	7am OSSCA/POL 10am CPR/SFA	Newcastle, NSW
Saturday 23 September	8am OSSCA/POL 11am CPR/SFA	Coffs Harbour, NSW
Friday 6 October	8am OSSCA/POL 11am CPR/SFA	North Cronulla, NSW*
Friday 13 October	8am OSSCA/POL 11am CPR/SFA	Coffs Harbour, NSW*
Friday 27 October	8am OSSCA/POL 11am CPR/SFA	North Cronulla, NSW
Saturday 28 October	8am OSSCA/POL 11am CPR/SFA	Central Coast, NSW
Friday 3 November	8am OSSCA/POL 11am CPR/SFA	North Cronulla, NSW*
Saturday 4 November	8am OSSCA/POL 11am CPR/SFA	Byron Bay, NSW
Saturday 11 November	8am OSSCA/POL 11am CPR/SFA	Coffs Harbour, NSW
Friday 17 November	8am OSSCA/POL 11am CPR/SFA	Lennox Head, NSW*
Saturday 25 November	8am OSSCA/POL 11am CPR/SFA	Wollongong, NSW
Tuesday 28 November	5pm OSSCA/POL	Ulladulla-Mollymook
Wednesday 29 November	8am OSSCA/POL	Moruya-Broulee, NSW
Thursday 30 November	1pm OSSCA/POL	Bega-Tathra, NSW
Friday 1 December	8am OSSCA/POL 11am CPR/SFA	North Cronulla, NSW
Tuesday 5 December	8am OSSCA/POL 11am CPR/SFA	Central Coast, NSW
Friday 8 December	8am OSSCA/PO 1pm CPR/SFA	Byron Bay, NSW
Saturday 16 December	8am OSSCA/POL 11am CPR/SFA	Coffs Harbour, NSW

*Training days for surf coaches the Friday before a Surfing NSW weekend Level 1 Coaching Course.

Additional NSW training days will be scheduled during 2017 - dates will be emailed to surf coaches monthly.

Additional training days can be arranged when 8 or more coaches as a group require an alternate date.

Training in Victoria, Western Australia or Queensland

For **Victoria (Surf Coast) training** contact Kelvin Benson **Email trainupnow@gmail.com**

For **Western Australia (Perth) training** contact Kevin Emery **Email kevin@westnet.net.au**

For **Queensland (Gold Coast) training** contact Drew Valentine **Email drewvalentine1@hotmail.com**
or Rory Duggan **Email dugmo20@yahoo.com**

Legend and Cost

OSSCA Ocean Safety Surf Coach Award Annual Proficiency (currency for 1 year) \$99* or \$77 recertification

POL Professional Ocean Lifeguard (POL) Annual Proficiency (currency for 1 year) \$99* or \$66 recertification

SFA Apply first aid/Provide first aid (currency for 3 years) \$154*

CPR Provide CPR/Provide basic life support (currency of 1 year) \$66

ARC Provide advanced resuscitation/Apply advanced resuscitation techniques (currency of 1 year) \$132*

***Discounts apply when multiple courses selected over a single day or consecutive training days:**

OSSCA/POL, SFA, ARC package \$330

OSSCA/POL, SFA package \$220

OSSCA/POL, ARC package \$187

OSSCA/CPR package \$143

First aid, advanced resuscitation, CPR courses are aligned to the National Vocational Framework and delivered in partnership with the APOLA Lifeguard Training Academy RTO: 110084

Australian Professional Ocean Lifeguard Association Incorporated

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