

# School Surfing Supervisor Award (SSSA)

## Introduction

The SSSA was developed in consultation with the School Surfing Association to provide teachers with surfing supervision competencies required for supervising students engaged in school surfing activity.

Teachers successfully completing annual SSSA In-service courses will be awarded a SSSA certificate that is recognized by school systems as an award providing teachers with the necessary competencies to supervise students engaging in school surfing activity. Teachers with a current SSSA are qualified to delivery APOLA Community Awards for students including the **Ocean Safety Surfer Award (OSSA)**. OSSA programs can be delivered either independently by teachers or in concert with approved Ocean Lifeguards and/or approved accredited surf coaches.

Teachers successfully completing any scheduled annual SSSA Inservice course will be charged a at a rate of **\$44** per teacher and will receive a SSSA certificate and handouts including Surfers Code, Rip Survival and SharkSmart pamphlets. The teacher SSSA has a currency period of 12 months.

## SSSA Requirements

- ❑ Teaching qualifications and current approval to teach in schools or other vocational and/or tertiary educational centres including Registered Training Organisations, TAFE colleges and Universities
- ❑ Current qualifications in emergency care and cardio-pulmonary resuscitation such as Provide CPR or higher levels such as a Provide First Aid from an accredited provider
- ❑ Competency in swimming (400m pool swim in less than 10 minutes) and surfcraft riding (either surfboard, bodyboard, wave ski or stand-up paddle)
- ❑ Successful completion of an APOLA SSSA In-service session that includes practical demonstration surf skills and fitness (surf mission and simulated surf rescues) and a written examination.

## SSSA Competencies Assessment

- ❑ APOLA Assessor and Workplace Trainers reserve the right to prevent prospective candidates commencing the practical components in the case that prospective candidates present themselves as incapable of meeting the fitness and/or surf and rescue skill demands required of the in-service
- ❑ The APOLA Inc. SSSA In-service must be conducted by an approved APOLA Assessor and Workplace Trainer with a Certificate IV in Assessment & Workplace Training qualification and/or a diploma/degree teaching and learning/education and completed in one session
- ❑ As a **pre-requisite** teachers must provide a completed **RPL form** prior to the commencement of an APOLA SSSA In-service session. The RPL form is a to record providing **evidence of currency** in emergency care and cardio-pulmonary resuscitation such as Provide CPR or higher levels such as a Provide First Aid from an accredited provider, and evidence of completion of a 400m pool swim in a time less than 9 minutes no more than 30 days prior to the SSSA In-service session. The RPL form must be signed by a School Principal/Deputy Principal/Sports Organiser/Faculty Head or an APOLA Assessor and Workplace Trainer.

## At the in-service:

- ❑ Hand the completed **RPL form** to the APOLA Assessor and Workplace Trainer
- ❑ Participate in a presentation/discussion covering knowledge, skills and understandings of effective surfing supervision of students engaged in school surfing activity including content such as location safety check, liaison with lifeguards, emergency procedures, student requirements for school surfing activity, and complete a written theory examination
- ❑ Complete a **Surf Mission** course commencing with 200m swim, followed by 200m beach run, a 200m surfcraft paddle and concluding with a 200m beach run that demonstrates sound physical fitness and competence in negotiating the surf in control of the selected surfcraft
- ❑ Demonstrate **surfcraft rescues** using personal surfcraft such as: paddle to rescue an unconscious and/or conscious patient; demonstrate patient approach, patient pick-up techniques (side-by-side, rollover, duck-dive and leg-hook); patient return with patient care including DRSA/ABC assessment.

## Australian Professional Ocean Lifeguard Association Inc. (APOLA)

ABN 40 537 467 685

PO Box 6700, COFFS HARBOUR PLAZA NSW 2450

Web [www.apola.asn.au](http://www.apola.asn.au) Email [info@apola.asn.au](mailto:info@apola.asn.au) Mobile 0408 855 267