



APOLA TRAINING AND EDUCATION

Australian Professional Ocean Lifeguard Association Incorporated (APOLA)

APOLA is a non-profit professional association that is recognised as the peak professional association for Australian professional beach inspector ocean lifeguards. It promotes best practice in ocean water safety and beach management. APOLA coordinates professional ocean lifeguard activity in lifeguard training, community education, tourism support, public relations, regulation and risk management in consultation with all levels of government including Councils and their career professional ocean lifeguards.

APOLA Board of Education, Training, Examination and Awards

The APOLA Board of Education, Training, Examination and Awards oversees a comprehensive training and education awards system for professional lifeguards and community groups with highly qualified and experienced trainers and assessors delivering beach water safety education and training programs for pre school, school, adult, senior adult, workplace, aquatic sports coaches, specific needs, school teachers, surf school coaches and professional ocean lifeguards. On this website training is organised in general categories according to the colours **blue**, **green** and **red**:

Ocean Lifeguard Training

Community Training

Emergency Response Training

APOLA Lifeguard Training Academy



Additionally, APOLA, in partnership with **APOLA Lifeguard Training Academy** (a division of the Australian College of Mining Pty Ltd RTO: 110084), provides for professional ocean lifeguards and other aquatic professionals to obtain Australian Skills Quality Authority (ASQA) nationally accredited and approved courses and qualifications such as Certificate III Public Safety (Aquatic Search & Rescue) and Certificate IV Public Safety (Aquatic Search & Rescue) and specific units from the Health Training package including first aid, advanced resuscitation etc

APOLA Community Award Series

APOLA provides education and training programs for numerous groups including **professional lifeguards and Community Training for surf coaches, teachers supervising school surfing activity, students, parents and others** seeking open waters aquatics and **Emergency Response Training** such Provide CPR, Provide first aid and Apply advanced resuscitation techniques.

APOLA also assists coastal Councils and other organisations with ocean lifeguard staff recruitment, staff induction and risk management programs.

APOLA trainers with **nationally accredited Certificate IV in Training and Assessment and/or higher qualifications** deliver industry-recognised qualifications and awards such as the **Professional Ocean Lifeguard (POL) Award** for professional ocean lifeguards, the **Community Training Ocean Safety Surf Coach Award (OSSCA)** for surf coaches, the **School Surfing Supervisor Award (SSSA)** for teachers, the **Ocean Safety Surf Patroller Award (OSSPA)** for recreational surfers, the **Beach Swimmer Award (OSBSA)** for body surfers and ocean swimmers as well as the **Ocean Safety Beach Visitor Awareness Award (OSBVAA)** for irregular beach visitors. The Department of Education and Communities and School Surfing Association endorsed **Ocean Safety Surfer Award (OSSA)** delivered by school teachers and other APOLA licensed instructors provides for practical and theoretical beginner surfers within schools, universities and other education and training agencies.

Apart from POL training for ocean lifeguards Ocean Lifeguard Training also includes Lifeguard Power-Craft (LPC) ocean rescue skills courses, Suspected Spinal Injury Care courses, Beach Vehicle Driver (4WD and ATV) courses for beach use and other pre and post employment training for professional lifeguards and other aquatic professionals including short course assessment days, 40 hour, 80 hour and 120 hour courses for ocean lifeguards and surf coaches are also available as stand alone industry awards or awards that capture specified units of competency within nationally accredited Certificate III and Certificate IV qualifications.

APOLA Assessors and Trainers also deliver **Emergency Response Training** with an aquatic focus including common recognized training in **Provide First Aid/Apply First Aid, Provide Advanced Resuscitation/Apply Advanced Resuscitation Techniques, Provide CPR/Perform CPR** and other units of competency required for the completion and/or partial completion of nationally accredited Certificate III and Certificate IV qualifications. See the **Ocean Lifeguard Training** section for more information.

For more information check the downloadable document **APOLA Short Course and Assessment Day Prices**