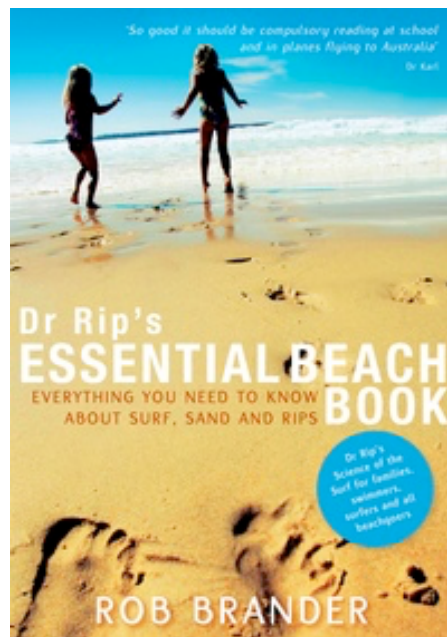


Dr Rip's Essential Beach Book



Many of us live near the beach, and many more visit the beach on holidays, but just how much do we understand about the beach and its potential hazards? The types of waves and the way they break, tides and their currents, dangerous rips and how to spot them, and why some beaches are safer than others?

Every year tens of thousands of people need to be rescued from the ocean because beach-goers don't possess basic beach safety knowledge and skills.

Dr Rip's Essential Beach Book by Dr Rob Brander (aka Dr Rip), a surf-lifesaver and scientist who studies beaches, rips and currents, is a simple, entertaining and useful guide to beach safety, with a solid scientific basis. He explains how beaches form, what drives waves and how rips develop, and offers practical advice to show you how to get the most out of your day at the beach—without risking your life.

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